# URBAN FUTURES PROJECT:

**Seeds of Action** 











**Green Governance Zimbabwe** 

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### Introduction

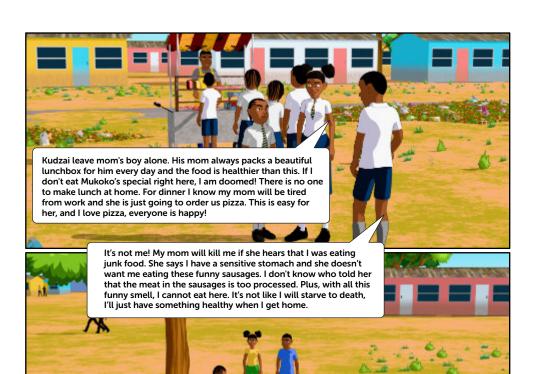
Urban food systems are marked by the predominance of unhealthy, over-processed foods in retail environments, coupled with significant food waste generated at local farmers' markets (musika). The interplay of food accessibility, quality, and waste management practices in these urban centers pose a serious challenge to the nutritional rights of young people and endangers environmental health.

Chido, Themba and Kudzi are walking home from school, passing overflowing bins and small patches of dry grass.

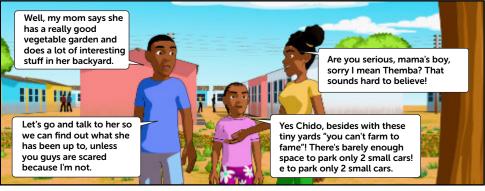




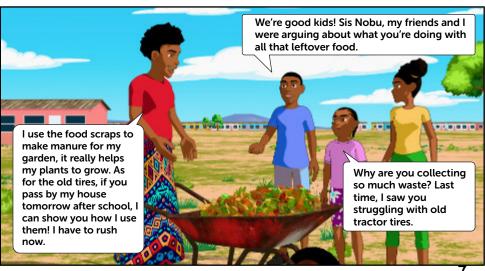




















## What is Sustainable Living?

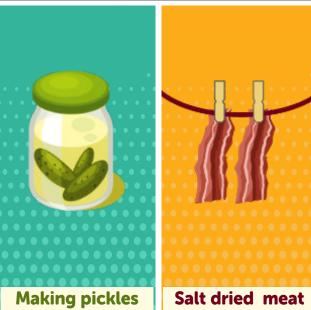
Sustainable living is about making choices that are kinder to our planet! This means that we make choices that help protect the environment and our own health by using less energy, reusing items whenever possible, recycling properly, planting trees, practicing organic farming and choosing nutritious foods over processed foods.

















### **Climate Change**

It refers to long-term changes in typical weather patterns, including temperature and rainfall.

Effects of Climate Change and Environmental Damage: Climate change and environmental harm are linked and can lead to several serious issues such as losing plant and animal species, damaged ecosystems, and forced migrations. Some specific impacts include:

**Loss of Biodiversity:** Many species are in danger of going extinct.

**Ecosystem Disruption:** Ecosystems are being harmed, leading to reduced services they provide, like clean air and water.

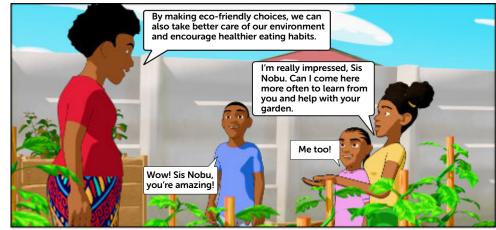
**Health Risks:** Changes in climate can lead to outbreaks of diseases in plants and animals.

**Decline of Soil Quality:** It affects the organic materials in the soil, which are essential for growing food.

Collapse of Food Sources: There is a risk of significant declines in crops and fish populations.

**Uninhabitable Communities:** Some places may become too difficult for people to live in due to climate change.

Gradual and Sudden Migration Environmental changes can force people to move, either slowly over time or rapidly after disasters.









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